

**Sacred Heart of Jesus Chaplet**  
**Raccolta #255**  
**(A Novena when recited for 9 days)**

V. O God, come unto my assistance;

R. **O Lord, make haste to help me.**

V. Glory be to the Father, Son and Holy Spirit;

R. **As it was in the beginning, is now and ever shall be world without end.**

**First Mystery**

My most loving Jesus, when I consider Thy tender Heart and behold It full of mercy and tenderness towards sinners, my own heart is filled with joy and confidence that I shall be kindly welcomed by Thee. Alas, how many times have I sinned! But now, with Peter and with Magdalene, I weep for my sins and detest them because they offend Thee, who art infinite Goodness. Ah, mercifully grant me pardon for them all; and let me die, I ask it through Thy Sacred Heart, let me die rather than offend Thee again; at least let me live only to love Thee in return. *(Recite one Our Father, Glory Be and Sweet Heart of my Jesus, make me love Thee ever more and more.)*

**Second Mystery**

My Jesus, I bless Thy most humble Heart, and I give Thee thanks that, in giving It to me to be my example, not only doest Thou urge me with strong pleadings to imitate It, but even at the cost of Thine own great humiliations, Thou does point out and make plain to me the way of salvation. Fool and ingrate that I am, how far have I gone astray! Pardon me; no longer shall pride rule in me, but with a humble heart will I follow Thee through the midst of tribulations and thus obtain my peace and salvation. Do Thou give me strength and I will bless Thy Sacred Heart for ever. *(Our Father, Glory Be and Sweet Heart of my Jesus, make me love Thee ever more and more.)*

**Third Mystery**

My Jesus, I am filled with admiration at the exceeding patience of Thy Sacred Heart, and I thank Thee for having given us so many wondrous examples of unwearied patience. It grieves me that these Thine examples vainly reproach me for my excessive delicacy, shrinking as I do from the slightest pain. O my dear Jesus, pour into my heart a fervent and abiding love of tribulations, of crosses, of mortifications and penance, so that, by following Thy footsteps to Calvary, I may likewise come with Thee to the joys of paradise. *(Our Father, Glory Be and Sweet Heart of my Jesus, make me love Thee ever more and more.)*

**Fourth Mystery**

At the sight of the great meekness of Thy Heart, dear Jesus, I shudder at my own, so unlike to Thine. Unhappily I am disquieted and complain even at a hint, a gesture, a word that thwarts me! Ah, pardon all my violence, and give me the grace henceforward to imitate in every contradiction Thine own unchanging meekness, thus to enjoy a perpetual and holy peace. *(Our Father, Glory Be and Sweet Heart of my Jesus, make me love Thee ever more and more.)*

**Fifth Mystery**

Let all men sing the praises, O Jesus, of Thy most generous Heart, the Conqueror of death and hell, for well It merits every praise. I am more than ever ashamed when I behold my own heart so cowardly that it trembles at every idle word out of human respect; but it shall be no longer; from Thee I implore strength so courageous, that after fighting and conquering on earth, I may hereafter triumph joyfully with Thee in Heaven. *(Our Father, Glory Be and Sweet Heart of my Jesus, make me love Thee ever more and more.)*

## Sacred Heart of Jesus Chaplet (Raccolta #255)

**Let us turn to Mary, dedicating ourselves yet more and more to her,  
and filled with confidence in her maternal heart let us say to her:**

Through the high worth of thy most sweet Heart, obtain for me, O mighty Mother of God and my Mother, a true and lasting devotion to the Sacred Heart of Jesus, thy Son; to the end that I may take up my abode, with all my thoughts and affections, in that Sacred Heart, and may faithfully fulfill my every duty, and serve Jesus with a ready heart every day of my life, and especially this present day.

V. Heart of Jesus, burning with love for us,

**R. Make our hearts to burn with love of Thee.**

**Let us pray.**

May Thy Holy Spirit, we beseech Thee, O Lord, enkindle in us that fire which our Lord Jesus Christ sent upon the earth from the innermost recesses of His Sacred Heart, and which He willed should burn with exceeding warmth: Who liveth and reigneth with Thee in the unity of the same Holy Spirit for ever and ever. Amen.

*(An indulgence of 7 years. A plenary indulgence on the usual conditions for the daily recitation of this chaplet throughout one month (S. C. Ind., March 20, 1815; S. P. Ap., March 10, 1933).*

## A month dedicated to the Most Sacred Heart of Jesus Raccolta #253

*The faithful who devoutly take part in public services in honor of the Sacred Heart of Jesus during the month of June, or some other, according to the prudent judgment of the most Reverend Ordinary, may gain: An indulgence of 10 years on any day of the month; and, in addition, make their confession, receive Holy Communion and pray for the intentions of the Sovereign Pontiff. Those who perform their devotions privately during such a month may gain: An indulgence of 7 years once on the usual conditions, provided that they perform these devotions daily throughout the month and are lawfully excused from taking part in public exercises where the latter are held (S. C. Ind., May 8, 1873 and May 30, 1902: S. P. Ap., March 1, 1933).*